

COVID-19 Health and Safety Precautions

Excel is committed to the community, it's families and staff, in providing a fun and safe environment even during the Covid Pandemic. We are putting in force the following policies and procedures to help prevent the spread of COVID-19 in the gym.

<p>Entering the Building and Lobby Protocols</p>	<p>Families may not arrive any earlier than 10 minutes prior to class Staff will greet older children outside and direct them where to go once they enter Excel While we prefer drop offs for older kids, one parent or guardian is allowed per family All individuals are encouraged to remain 6 feet apart at all times in marked areas All individuals will sanitize their hands when entering the building All adults must wear masks upon entering the facility Once settled and at a safe distance, adults may remove their mask We ask that all bathroom use be limited to emergency purposes only Chairs are spaced 6 feet apart for viewing, viewing space is limited Lobby is labeled with tape 6 feet apart when lining up for class</p>
<p>Class Protocols and Procedures</p>	<p>Classes will have up to 6 students with one additional spot reserved for Make-Ups Classes times will be staggered to ensure social distancing Students will not warm up together with other classes All stations are spaced 6 feet apart Students will use hand sanitizer any time they come into or leave the gym Classes will line up and rotate keeping 6 feet apart Equipment will be cleaned and sanitized before / after class Chalk will not be available for use The water fountain will be off limits and Water bottles will be required</p>
<p>Entering / Cubbies / Exiting</p>	<p>Students 6 and older once entering will place their belongings in cubbies at the front door Students 5 and younger will place belongings in cubbies at the end of the hall Families can now exit using either of our emergency doors, located in both lobbies</p>
<p>Staff Rules</p>	<p>Staff will be required to take temperature upon arrival, temp above 100 degrees will leave Staff must wear masks upon entering the building and while in the lobby Masks may be taken off during coaching while remaining 6 feet from all individuals Staff will clean all equipment used between classes</p>
<p>General Rules</p>	<p>All equipment will be sanitized based on CDC recommendations Any person showing symptoms will not be allowed in the building No persons are allowed in the loose foam pit People with underlying conditions and the elderly are recommend not to enter the building Children not attending class are not allowed inside the building</p>

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